



**Burnaby South Secondary School and
The BC Provincial School for the Deaf**

March 9, 2022

Rebels Newsletter



It's HEALTH WEEK!

Burnaby South's focus for Health week 2022 is on Sleep, Food & Nutrition, Physical Activity and Stress!

Check out one or more of the following in person and virtual activities! All virtual activities will be posted to Microsoft Teams.

- Contest to find out how much sugar is really in your drink! Prizes involved! Outside B119 on Mon & Tues at Lunch

- Keep Fit at your own pace - Workout video made by students for students - released Tuesday
- DIY Scented Pouches to help with stress and sleep! Library on Wed at Lunch
- Sample Healthy Snacks (limited offers) - Wednesday at break somewhere on the 1st floor
- Music Playlist created by students for students to help with stress - released Thursday
- Scavenger Hunt to help you learn about Stress coping techniques! All week long in the Library. Prizes involved.
- An interview with Health Leaders at the school - released at a special time during the week



LITERACY 12 REWRITE

Attention all Grade 12s. If you are not happy with your Literacy 12 score and want another chance to rewrite the Literacy 12 Assessment, please sign up at the main office **before March 31, 2022** to secure a spot. The Literacy 12 rewrite will take place on **Tuesday, April 26 from 9 am to 12 noon.**





VOLUNTEER OPPORTUNITY

G & F Financial Group Award

Eligibility requirements include:

- Be a **member of G&F Financial Group or Aldergrove Financial and/or parent or grandparent is a member**
- Display **financial need**
- **Community** commitment
- Be a **full-time student** enrolled in a BC High School, university or college
- Maintain a minimum **8 average**

Please see Mr. Kwan for more information.

Children Festival

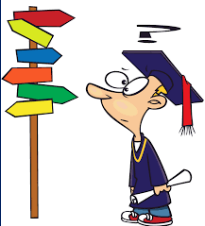
- Information posted outside C105

UBC Triathlon Duathlon

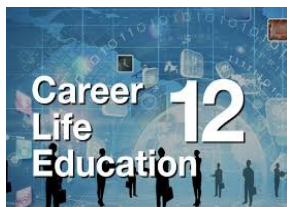
- Please see Mr. Kwan in C105

SFU Summer Camps

- Information posted outside C105
- Application are open
- <https://www.sfu.ca/camps/opportunities/volunteer-opportunities.html>

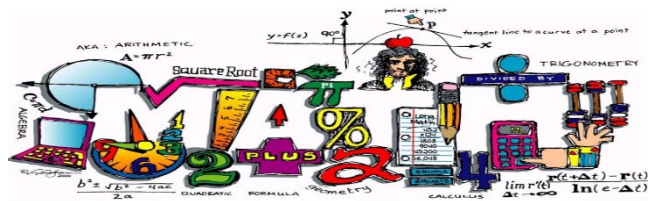


Reminder to get your **Industry Training Program** application forms to **Ms. Matsumura in Student Services in room C106**. If you want an application form or need a bit of clarification, feel free to drop by.



CLC 12

Grad Project Presentation schedule will be posted on **Wednesday, March 9th** outside C103.



Math Clinic is back

Math time can be an enjoyable part of your school time journey. Is Math giving you a headache? Come and join us at the **Math Clinic** on every **Tuesday** and **Thursday** during **lunchtime** in **A207** and **A210**. A teacher and peers available to work with you one to one or in a group. **No appointment necessary**. Hey South!



School District 41 Scholarships' criteria are posted outside C105. Please see Mr. Kwan for more information on application process. **Due March 31st to C103**

Coast Capital Youth Education Award 2022

Application are available

<https://www.coastcapitalsavings.com/about-us/our-community/programs-for-youth/youth-education-awards>. **Due March 31 to C103**



NO STUDENT PARKING BEHIND THE GYMS

STUDENTS PARKING IS LOCATED BY MacPherson St./Pool. Student Car must display a parking decal

Community Events



Julia's Studio

This spring, join us for creativity-focused programs for teens, ages 13-19.
These online events will take place over Zoom.

MARCH

- 15** **Drawing Manga: Faces**
TUESDAY 1:30-3PM
Learn how to draw faces in a manga style, including details like eyes, hair and expressions.
- 16** **Getting Grounded with the Elements**
WEDNESDAY 1:30-3PM
Learn about mindfulness and self-care through natural elements: earth, air, fire and water.
- 17** **Drawing Manga: Bodies**
THURSDAY 1:30-3PM
Learn how to draw characters in a manga style, including how to draw bodies, hands and feet.
- 18** **Intuitive Writing**
FRIDAY 1:30-3PM
Use creative prompts and activities to awaken your intuition, and use it in your writing process.

Burnaby Public Library



MARCH

- 22** **Drawing Realistic Faces**
TUESDAY 1:30-3PM
Learn how to draw realistic faces, including details like eyes, hair and expressions.
- 23** **Creating Sigils**
WEDNESDAY 1:30-3PM
Connect to your hopes, goals and intentions through creating sigils, also known as magic symbols.
- 24** **Botanical Drawing**
THURSDAY 1:30-3PM
Explore botanical illustration through a detailed look into plant anatomy and form.
- 26** **Creative Journaling**
SATURDAY 1:30-3PM
Process emotions, explore creativity, and cultivate self-awareness through freewrite writing, bullet journaling and more.

APRIL

- 25** **Acrylic Painting**
MONDAY 1:00-3PM
Discover tips and techniques for using acrylic paint as you learn to paint cherry blossoms.

Register at any BPL location, by calling 604-436-5400 or by visiting bpl.bc.ca/events.

Burnaby Public Library



Attention ALL Grads!

Burnaby South's **School Leaving Ceremony** is on **Saturday, May 28th** at SFU Convocation Mall. If you are participating in this event, please pay your

School Activity Fee of \$30 and your **School Leaving Ceremony of \$80**. The deadline to pay and order your **Grad Gown is Friday, March 11th**. All fee payments must be paid online using School Cash <https://burnaby.schoolcashionline.com/>






Thursday, March 10th, 2022 – Early Dismissal for Students 11:51 am – Parent/Teacher Virtual Interviews

Friday, March 11th, 2022 – Late Start – 9:50 am

March 14th, 2022 to March 25th, 2022 – Spring Break – School Closed

Monday, March 28th, 2022 – School Re-opens

"An investment in knowledge pays the best interest." Benjamin Franklin

	Website: https://south.burnabyschools.ca/		Contact: 604-296-6880		Email: South.info@burnabyschools.ca