



**Burnaby South Secondary School and  
The BC Provincial School for the Deaf**

**February 1, 2023**

## Rebels Newsletter



Doesn't it feel good when somebody does something kind for you—especially when it's out of the blue? That random act of kindness isn't just good for the person who receives it; it's also great for the doer! Research has shown that engaging in random acts of kindness can increase your own happiness and positivity over time. Being kind can also lower your blood pressure, reduce depression, and even help you live longer!

And the act doesn't have to be huge. Even a very simple one does the trick—like holding the door for someone or telling a friend or someone in your class they did a good job. All you have to do is become aware of people around you and how you might make their day happier.

This week spark your heart and amp up your random kindness factor!



### Student Online Course Request Instructions

Now that you have had your Course Selection Presentations, and are starting to think about entering your courses through [MyEd Student Portal](#), you may have questions about how to get to the “Requests” section on your MyEd Student Portal.

Attached are the [Instructions](#) for that as a refresher. Reminder, if you have been “Locked” out of your MyEd Student Portal, please send a polite email to [south.info@burnabyschools.ca](mailto:south.info@burnabyschools.ca) informing them that you have locked yourself out of your MyEd Student Portal and need your password reset.

Remember, Course Selection closes on your MyEd Student Portal on **Sunday, February 5<sup>th</sup> at 11:59pm.**

If you have any specific questions, please come and see your Counsellor.



#### **Grade 11s and 12s**

BCIT is holding their **Information Session on Wednesday, February 15<sup>th</sup>, from 4:00 – 6:00 pm.** BCIT will

also be having a **Zoom Information Session** the following **Wednesday, February 22<sup>nd</sup> from 4:00 – 7:20 pm**



Byrne Creek Community School will be hosting a trades-based Career Fair in partnership with BC Construction Foundation

for our students and the greater community. This year’s event will take place on February 7<sup>th</sup> and is open to the community and public from 4:00 – 6:00 pm in the A-Wing at Byrne Creek. Please see Mr. Kwan for more information.



### **Attention ALL Grads!**

Burnaby South’s **School Leaving Ceremony** is on **Sunday, May 28<sup>th</sup>** at SFU Convocation Mall. If you are participating in this event, please pay your **School Activity Fee of \$30** and your **School Leaving Ceremony of \$80**. The deadline to pay and order your **Grad Gown is Friday, March 10<sup>th</sup>**. All fee payments must be paid online using School Cash <https://burnaby.schoolcashionline.com/>



Tuesday, February 14<sup>th</sup> – CNML#4 (Canadian National Mathematic League Contest)

Wednesday, February 15<sup>th</sup> – Canadian Computing Competition in E133

Thursday, February 16<sup>th</sup> – Rebel Nation, 7:00 pm, MJF

Monday, February 20<sup>th</sup> – Family Day – School Closed

Wednesday, February 22<sup>nd</sup> – Fermat, Pascal, Cayley and Canadian National Math Contest

Thursday, February 23<sup>rd</sup> – Winter Formal

Friday, February 24<sup>th</sup> – District Pro D Day – School Closed

# COMMUNITY EVENTS



## Julia's Studio

This February, join us for creative workshops that focus on a variety of artistic mediums.

For teens of all abilities, ages 13 to 19.

FEB — 04

SATURDAY  
2:00-3:30PM

### Creating Pop-Up Valentine Cards

Learn techniques for creating Valentine Cards that feature a pop-up design.

24

FRIDAY  
1:00-2:30PM

### Creating Zines and Folded Books

Create folded books, zines, and 'found poetry' using collages of words and pictures.

24

FRIDAY  
3:00-5:00PM

### Botanical Embroidery

Learn hand embroidery techniques for stitching botanical images.

Workshops are held at Tommy Douglas Library.  
To register, email [teenservices@bpl.bc.ca](mailto:teenservices@bpl.bc.ca).

To learn more about these events, visit [bpl.bc.ca/events](http://bpl.bc.ca/events).

Burnaby Public Library

## Julia's Studio

This February, join us for creative workshops that focus on a variety of artistic mediums for teens, ages 13-19.

Register at any BPL location, by calling 604-436-5400 or by visiting [bpl.bc.ca/events](http://bpl.bc.ca/events).

## Julia's Studio

This spring break, join us for creative workshops that focus on a variety of artistic mediums.

For teens of all abilities, ages 13 to 19.

MARCH — 14

TUESDAY

### STITCHING

#### Embroidered Words

11:30AM - 1PM

14

TUESDAY

### SEWING BASICS

#### Create a Scrappy Fabric Bird

1:30PM - 3PM

15

WEDNESDAY

### DRAWING

#### Learn to draw Comics

1:30PM - 3PM

ONLINE

17

FRIDAY

### DRAWING

#### Learn to draw Clothes for Comic Characters

1:30PM - 3PM

ONLINE

17

FRIDAY

### ACRYLIC PAINTING

#### Landscape Painting

3:30PM - 5PM

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This March join us for creative workshops that focus on a variety of artistic mediums for teens, ages 13-19.

Register at any BPL location, by calling 604-436-5400 or by visiting [bpl.bc.ca/events](http://bpl.bc.ca/events).

*"The only person who is educated is the one who has learned how to learn... and change." John Wooden*



Website:

<https://south.burnabyschools.ca/>



Contact:

604-296-6880



Email:

[South.info@burnabyschools.ca](mailto:South.info@burnabyschools.ca)