



Burnaby South Secondary School and The BC Provincial School for the Deaf | November 26, 2025



Rebels Newsletter

Canadian Computing Competition sign up \$10

Sign up by paying \$10 on cash/online at <https://burnaby.schoolcashonline.com> choosing CCC competition



Please do so ASAP, so you have time to practice coding club

Practice Sessions organized by Coding Club E133 @ lunch

November 27
December 4
December 11

The contest is on
Feb 26, 2025
for more info
join the MS 365 Team

For more info:
visit
<https://cemc.uwaterloo.ca/contests/ccc>

or see Ms. Alex
in E133

or Mr. Marzouk
in A207



CNML #3 (Canadian National Mathematics Contest) will take place on **Tuesday, December 9th**. For more information, please see Mr. Marzouk in A207.



Student, please note the following changes in the Library during Flex time.

- Library doors will be closed 5 mins after Flex starts. (effective this Wednesday, Nov. 26)
- Students in here are working quietly (homework, reading)
- Computers are for schoolwork only
- There'll be no checking out of library materials during Flex



5 WAYS TO MANAGE EVERYDAY STRESS



PLAN YOUR DAY

Use a calendar or planning app to help schedule your day. Fill in your class time, study time, and other activities in your daily schedule.

PHYSICAL ACTIVITY

Engage in some sort of physical activity whether it be a walk, a work out, or dancing to your favourite music. Being physically active helps reduce stress levels.



GET ENOUGH SLEEP

Aim for 7-9 hours of quality sleep each night. A good night's sleep is essential for your body's recovery and mental health.

DEALING WITH PROBLEMS

Deal with problems and challenges as they arise rather than avoiding things until they become too overwhelming. If you're not sure how to deal with them, ask a trusted adult.



SET AND PURSUE GOALS

Have goals and aspirations that give your life purpose and direction. Achieving small milestones can boost your self-esteem and sense of accomplishment. Celebrate the small victories.

Burnaby South Health Committee

ATTENTION REBELS!!!

JOIN THE NEWSPAPER CLUB!

WE ARE LOOKING FOR EXECUTIVES:

- WRITERS
- EDITORS
- DESIGNERS
- COMPUTER CODERS
- ALSO GENERAL MEMBERS

WANT TO KNOW MORE?
COME, AND ASK ON TUE, FRI!

MEETINGS ON
TUES, FRI AT
LUNCH IN G206!

Diploma Pick Up CLASS OF 2025

Diploma for Graduates 2025 is Ready

We would like to inform you that your student's graduation diploma is available for a pickup at the main office of Burnaby South Secondary.

We will not be mailing out the diploma to the students addresses on file. Please stop by during the school hour between **8:30am to 3:30pm on Monday-Friday.**

Purdys
CHOCOLATE FUNDRAISER
FUNDRAISER SUPPORTS
THE BURNABY SOUTH DANCE PROGRAM

Order online now until November 30th
Pick up your order just in time for Xmas on
DECEMBER 11th

Burnaby South Secondary
(Dance Room G215 after school from 3:05 - 4:30pm)
Burnaby South students may also pick up orders for parents/guardians during lunch hour

ORDER HERE:

Support the Burnaby South Dance Program with Purdy's Chocolates!

Enjoy delicious Purdy's chocolates for the holidays while supporting our talented dancers!

Create an account and **order online by November 30th** at

<https://fundraising.purdys.com/2190982-133181>.

Orders will be available for **pickup on Thursday, December 11th** in the Dance Room (G215) from 3:05–4:30 PM. Burnaby South students may also pick up orders for parents or guardians during lunch and after school.

Don't like chocolate? **You can donate directly to Burnaby South Dance here:**

<https://burnaby.schoolcashionline.com/Fee/Details/119858/16/False/True>

Donations of \$20 or more will receive a tax receipt. Please indicate that the donation is for Burnaby South Dance.



Safety Reminders for Student Drop Off and Pick Up:

Recently we have observed safety concerns in the school's main parking lot during morning drop off and end of the day pick up of students. Excessive traffic in the parking lot, as well as cars blocking passageways elevates the risk of accident and injury. I would like to highlight some important reminders for parents/guardians during drop off and pick up times:

- There are 2 designated student drop off and pick up zones. One is on Antrim Street and the other is on Macpherson Street. They are highlighted in green on the map below.
- There is also designated visitor parking adjacent to the main parking lot and is highlighted in green on the map below.
- Please do not enter the staff, theatre or student parking areas for student drop off and pick up.
- Please do not park in the fire lane at the front entrance of the school as this needs to remain clear for emergency services.



Tuesday, December 2nd – BC Post Secondary Mini Fair – Cafeteria 1:00 – 2:45 pm

Tuesday, December 9th – CNML #3 (Canadian National Mathematics Contest)

Wednesday, December 17th – Report Cards available through MyEd Family Portal

Friday, December 19th – Last day before Winter Break

Monday, December 22nd – January 2nd – Winter Break – School Closed

Monday, January 5th – School Re-opens



15-18 years Advanced Leadership

The Advanced Leadership Program is your launch pad for personal growth and employability. This elite experience is designed for youth ready to lead with purpose. Earn certificates like Food Safe, High Five, First Aid and much more. All registered participants must attend an orientation session with a parent/guardian.

Register on Burnaby.ca/WebReg
 Th-Sa, January 22, 5-7:30 pm, 10 sessions
 Th, 5-7:30 pm (5 sessions),
 F, 9 am-4 pm (1 session),
 Sa, 9 am-4 pm (4 sessions),
 \$220.00 Barcode: 91182

FREE Course Orientation (Sign up & attend with parent/guardian):

Creekside Youth Centre
 Tu, December 9, 5-6 pm, Barcode: 91198

South Central Youth Centre
 Th, December 11, 5-6 pm, Barcode: 91200

Th, January 8, 5-6 pm, Barcode: 91201

Summit Youth Centre
 W, December 17, 5-6 pm, Barcode: 91199

Winter registration starts soon!

Download our Winter Activity Guide to browse and add your favourite activities to your Wish List. There are so many fun activities to choose from!

Burnaby.ca/ActivityGuide



Recreation Centres	
BONSOR	604-297-4597
BONSOR 55+	604-297-4580
CHRISTINE SINCLAIR	604-320-2222
CONFEDERATION	604-294-1936
EDMONDS	604-297-4838
EILEEN DAILLY	604-298-7946
ROSEMARY BROWN	604-421-3200
TEMPORARY CAMERON	604-297-4456
WILLINGDON	604-297-4526
Arenas	
BILL COPELAND	604-297-4521
KENSINGTON	604-297-4535
Cultural Facilities	
BURNABY ART GALLERY	604-297-4422
BURNABY VILLAGE MUSEUM	604-297-4565
SHADBOLT CENTRE	604-297-4440

REGISTRATION START TIME	PRIORITY REGISTRATION for Burnaby residents	GENERAL REGISTRATION for everyone
10am	Monday, December 1	Friday, December 5
START CREATING YOUR WISH LIST TODAY	Recreation Activities	Recreation, Arts and Heritage Activities

Rolling registrations for swimming and skating lessons continue to be in effect. Learn more: Burnaby.ca/SwimLessons | Burnaby.ca/SkatingLessons

Subscribe! eNews

Keep up with all the amazing things happening at your local parks and recreation centres with our RECREATION eNewsletter.

- Special events
- Activity information
- Park and facility updates



Sign up at Burnaby.ca/eNews



FREE ACTIVITIES FOR GRADE 5 STUDENTS

Don't forget: All grade 5 students living in Burnaby can receive a Grade 5 Be Active Pass.

The pass is a simple, easy way for grade five students to be active and enjoy FREE activities at Burnaby recreation facilities, including pools, arenas, gymnasiums and golf driving ranges.

Passes are available now and valid until September 1, 2026.

Find out more: Burnaby.ca/Grade5BeActive

Winter Activity Highlights

Being active is a great way to improve health and mental wellness. This winter, Burnaby has lots of options for everyone to be active, healthy and connected.

- ▶ **For preschoolers** | Creative Dance to Live Music, Young Tunes or One Day Wonders
- ▶ **For children** | Spring Break Camps, Art/Recreation, Chess Club or Basketball Skills & Drills
- ▶ **For youth** | Leadership courses, Badminton lessons, Music Production or Pro-D Day activities
- ▶ **For adults** | Art Socials, Kickboxing for Fitness, Creative Writing or Drawing Classes
- ▶ **For seniors** | Art workshops, Active Aging fitness classes, various day trips or Lifestyle Lectures

Register at Burnaby.ca/WebReg



PURCHASE A PARKS, RECREATION AND CULTURE GIFT CARD

Looking for a thoughtful present for an upcoming birthday party, anniversary or special occasion? Surprise your friends and family with a Parks, Recreation and Culture gift card to our recreation or culture facilities. It's perfect for redeeming registered activities such as swimming or dance lessons, membership passes, and drop-in sessions through WebReg. Be gifty and purchase one in person at our recreation or culture facilities today!

Burnaby.ca/GiftCards

HOLIDAY FUN in Burnaby

BTogether—Celebrate with family, friends and your neighbours this holiday season!

NOVEMBER 22, 2025 TO JANUARY 2, 2026
FESTIVE VILLAGE at Burnaby Village Museum
 presenting partner **CONCORD PACIFIC**

FREE Admission
 (Caucasian / \$15)
 (\$27 plus tax)

29 NOV BRIGHT IN BURNABY
 Burnaby Village Museum

29 NOV EDMONDS FESTIVAL OF LIGHTS
 Edmonds Community Centre

Burnaby.ca/HolidayFun

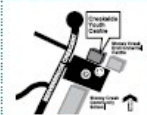
BURNABY City of Burnaby

Free activities for Grades 5-12

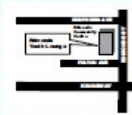
For schedules, visit Burnaby.ca/Youth

BURNABY YOUTH CENTRES

Youth have access to wifi, computers, gaming systems, pool tables, foosball tables, open gym nights, card and board games, TV and more!



CREEKSIDE
 2720 Bickerton Crescent
 (Oliver Creek School site)
 604-294-7827
Burnaby.ca/CreeksideYouth
 Access Features: wheelchair ramp, washrooms



EDMONDS YOUTH LOUNGE
 7433 Edmonds Street
 604-297-4841
Burnaby.ca/EdmondsYouth



SOUTH CENTRAL
 6740 Neilson Avenue
 604-297-4407
Burnaby.ca/SouthCentralYouth

Access Features: wheelchair ramp, washrooms



SUMMIT
 200 Willingdon Avenue
 North parking lot behind Eileen Dailly
 604-268-1269
Burnaby.ca/SummitYouth

Access Features: wheelchair ramp, washrooms

GET YOUR START HERE:

WE'RE HIRING

98.6% office

Start a rewarding career with the City of Burnaby and make a difference in your community. We're hiring recreation clerks, recreation leaders, contract instructors, aquatic staff and building service workers. Be a part of providing facilities and services that support a safe, connected, inclusive, healthy and dynamic community.

Burnaby.ca/Careers



Discover the Perfect Gift for Nature Lovers!

Naturally Burnaby – a stunning photographic journey through Burnaby's natural beauty – will be available for purchase in December. Don't miss out on the chance to bring the wonders of nature into your home or gift it to someone special!



Reserve your copy today at Burnaby.ca/Book

“Anyone who has never made a mistake has never tried anything new.” Albert Einstein



Website: <https://south.burnabyschools.ca/>



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