



Burnaby South Secondary School and The BC Provincial School for the Deaf | November 5, 2025



Rebels Newsletter



Remembrance Day altered Bell Schedule for **Monday, November 10th, 2025 (Day 1)**

Period 1 - 08:40 – 10:30 am (extended time)

Break: 10:30 – 10:37 am

Period 2 10:37 – 11:49 am

Lunch: 11:49 – 12:29 pm

Period 3 12:34 - 01:46 pm

Period 4 01:51 - 03:03 pm

ZEN ZONE

EVERY WEDNESDAY @ FLEX IN
THE DRAMA ROOM

- 1 Mindful Moments**
 Come with an open mind and heart. Set an intention.
- 2 Respect**
 Use calm, low voices. Respect everyone's personal space.
- 3 Tech Free**
 Use this time to focus on yourself not your devices.
- 4 No Food or Drink**
 Enjoy your nutritious snack before entering the Zen Zone.
- 5 Engagement**
 Use your time in the Zen Zone for reflection. You can focus on deep breathing, journaling, or participating in other mindful practices.



Canadian Senior Mathematics Contest

Canadian Senior Math Contest will take place on Wednesday, November 12th, Period 6 in the Library. For more information, please see Mr. Marzouk in A207.

CNML

Canadian National Mathematic League (CNML #2) will take place on Tuesday, November 18th. For more information, please see Mr. Marzouk in A207

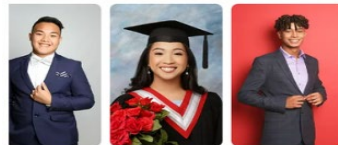


Diploma for Graduates 2025 is Ready

We would like to inform you that your student's graduation diploma is available for a pickup at the main office of Burnaby South Secondary.

We will not be mailing out the diploma to the students addresses on file. Please stop by during the school hour between **8:30am to 3:30pm on Monday-Friday**.

Get Ready for Graduation Photos!



Artona

Grad Portraits – Book Your Session! 🎓

Grad portraits will take place from **November 2 to November 14, 2025** at **Artona's Mobile Studio**, which will be located in **Burnaby South's parking lot**. There is a **\$60 deposit**, which will be applied toward your portrait purchase.

Celebrate your achievement with **professional portraits**, including:

- Traditional **cap & gown** photos
- Shots in your **own outfits**
- Options to include your **family and friends**

📷 Ready to book?

Click the link to schedule your appointment:



<https://artona.com/bookings/f38bd8ccc07f5d2f7c81ecb10fbd8f09>

IMPORTANT DATES

Monday, November 10th – Altered Bell Schedule and Remembrance Day Assemblies

Tuesday, November 11th – Remembrance Day – School Closed

Wednesday, November 12th – CSMC (Canadian Senior Math Contest), P.6 – Library

Thursday, November 13th – Book Tasting, Lunch, Library

Tuesday, November 18th – Canadian National Mathematics League (CNML#2)

Thursday, November 20th – Grad Write-up due

Friday, November 21st – Pro D Day – School Closed

Community Event



ipop

THE CITY OF LOUGHEED
#2-9855 AUSTIN ROAD
BURNABY, BC



**\$5 BURNABY
HIGH SCHOOL
PICKLEBALL**

MONDAYS & WEDNESDAYS 4PM-6PM

Ages 13 - 18

- 🎾 EQUIPMENT PROVIDED
- 🎾 \$5 FOR 2 HRS OR PURCHASE 15 PUNCHES FOR \$75
- 🎾 MUST CREATE A COURTRERESERVE ACCOUNT
- 🎾 RUNS FROM OCTOBER 20TH 2025 - SPRING 2026, ENDING WITH A CROSS-HIGH SCHOOL TOURNAMENT
- 🎾 EMAIL NICOLA@IPOP.FUN FOR MORE INFORMATION

Burnaby Speed Skating Club

Register soon for the 2025/26 skating season

Find our website with more info at:

Burnabyspeedskating.ca



AT BURNABY SPEED SKATING, WE LIKE TO GO FAST!

BEGINNER TO ADVANCED SKATERS – WE WELCOME YOU!

REGISTER FOR THE ENTIRE 2025/26 SEASON, OR TRY 3 SESSIONS FOR \$50. YOU CAN RENT SPEED SKATES FROM US. AND WE OFFER SPECIAL RATES FOR FAMILIES. CHOOSE UP TO 3 SESSIONS/WEEK.

- **When:** Our season runs September to March.
 - Tuesdays – starting at 7:30 p.m.
 - Saturdays – Starting at 1:30 p.m.
 - TRY-IT SKATE SESSIONS: 2:45pm – 3:45pm
 - Sep: 13,20,27 or Oct: 11,18,25
- **Where:** Our home ice is at Kensington Arena
6159 Curtis St

FIND MORE INFO AT [BURNABYSPEEDSKATING.CA](https://burnabyspeedskating.ca)

“Education’s purpose is to replace an empty mind with an open one..” Malcolm Forbes



Website: <https://south.burnabyschools.ca/>



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