



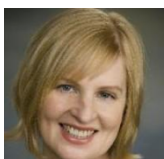
WEDNESDAY, OCT. 11, 2017

“UNDERSTANDING THE TEEN YEARS: HOW TO COMMUNICATE AND CONNECT WITH YOUR TEEN”

A Parent Education Event organized by Burnaby South PAC

The teen years can be challenging and often confusing for parents. How do parents **cultivate the relationship** that is so important for our teens while trying to discipline and **understand the teen brain** which can often be oppositional, self-centered, disorganized and sometimes marked by a return of the temper tantrums. In this presentation, Patti Drobot, Registered Counsellor and Faculty at the Neufeld Institute, will highlight the significant changes that occur in adolescence, and help parents **make sense of behaviour** at this time. She will also discuss how to stay in **communication** with your teen, and how to **deepen attachment**.

REGISTER <https://understandingteenyears.eventbrite.ca>



Patti Drobot, Faculty/Neufeld Institute
B.A.(Psychology), B.Sc. O.T.
Graduate of Pacific Coast Family Therapy
Registered Professional Counsellor (RPC)

**7:00 pm at the
Michael J. Fox
Theatre at
Burnaby South
Secondary School**

**Cost: Free, but
registration
required.**

Register at:

<https://understandingteenyears2017.eventbrite.ca>

**Sponsored by
Burnaby South PAC
Burnaby South Secondary
Burnaby DPAC**

Patti Drobot is a registered professional counsellor and parent consultant with a private practice in Vancouver.

She sees individuals for counselling and parent consulting. Her background is in psychology, occupational therapy, and family therapy with more than 25 years experience as both clinician and educator in the areas of neurology, psychiatry, and community mental health. She is a faculty member of the Neufeld Institute and a mother of two adolescents.