



**Burnaby South Secondary School and  
The BC Provincial School for the Deaf**

**October 19, 2022**

## Rebels Newsletter



At Burnaby South, one of our four focus areas are on Stress. We want you to be able to understand and be able to respond to stress in a positive way. The Burnaby South Health and Wellness Student Assessment has the following

two criteria:

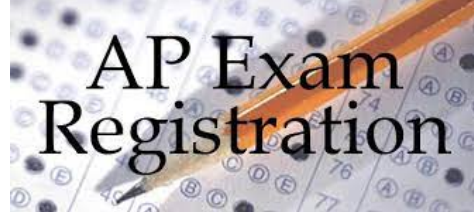
CRITERIA	EMERGING (EM)	DEVELOPING (D)	PROFICIENT (P)	EXTENDING (EX)
Understanding Stress	I need help to respond to stressful situations proactively.	I am learning how to respond to stressful situations proactively.	I can respond to stressful situations in a proactive way.	I respond to stressful situations proactively, and I can support others.

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Check out this website to get a sense of what signs of stress teenagers commonly exhibit.  
<https://www.psycom.net/common-triggers-teen-stress>

Also check out this Youtube video about how to respond to stress in a positive way. It has over 13 million views!  
<https://youtu.be/RcGyVTAoXEU>



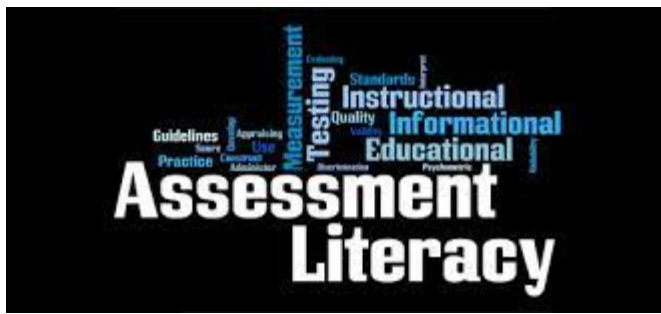
### ATTENTION ALL AP STUDENTS

AP Exam registration is now open. To register for your AP Exam, do the following two things:

1. Make sure you use the **JOIN CODE** from your AP teacher to join their class in the **myAP** classroom website.
2. Go to **Burnaby South's School Cash Online** (<https://burnaby.schoolcashionline.com/>) and pay for the AP Exam you want to take

Registration **deadline is Tuesday, November 1<sup>st</sup>, 2022.** Any questions, please see Mr. Lee in Room A139 at lunch time.





## Attention Grade 12s

Attention Grade 12s, the Literacy 12 Graduation Assessment will be held on Wednesday, November 2<sup>nd</sup> and Thursday, November 3<sup>rd</sup>. To find out your date, time and location of when you are writing the assessment, you should have already received a letter from your English 12 teacher's class that outlines when and where you are doing the Literacy 12 assessment. You can also look at the lists posted outside computer labs B119 and B213.

A special review session will take place in the Michael J. Fox Theatre on Friday October 28<sup>th</sup> during flex time (8:40 am to 9:25 am) to help you prepare for the Literacy 12 assessment. In order, for you to graduate, all grade 12s must complete this assessment. Also, universities may be looking at your results from this assessment for their admission purposes.

If you have any questions about this, please contact Mr. Morton, Vice Principal of Burnaby South



"Don't miss out on purchasing the 2023 yearbook at the early bird price of **\$55**. Spread over 280 colour pages with an additional 8 autograph pages, you will get a great keepsake of the 2022-2023 year at South. Starting **November 1**, the price for the yearbook jumps to **\$70**."



Hey South!


With the fall season around the corner, Student Government would like to present the school years first spirit week! **Our Halloween spirit week** will be held from **October 31<sup>st</sup> to November 4<sup>th</sup>**.

<b>Monday</b>	-	Halloween Costumes
<b>Tuesday</b>	-	Tropical Outfits (Wear something floral or any pastel coloured clothing)
<b>Wednesday</b>	-	White Lies (Write an obvious lie about yourself on a white shirt or a piece of blank paper. White paper and other materials will be provided at both entrances of the school for those in need of them)
<b>Thursday</b>	-	Twin (Match with anyone from the school!)
<b>Friday</b>	-	Fancy Friday (Wear formal clothes or fancy accessories)

Student Government would really appreciate it if you could all participate! We will also be taking group pictures each day at the courtyard during lunch.



*Canadian School Library Day*

Join us!

**DROP** 

**EVERYTHING**

**AND READ**

**Monday, Oct. 24th**  
**First 20 mins of P7**



Friday, October 21<sup>st</sup> – Pro D Day – School Closed

Saturday, October 23<sup>rd</sup> – November 5<sup>th</sup> – Grad Photos in the mobile at South

Thursday, October 27<sup>th</sup> – Parent/Teacher Interview Sign-up begins (9:00 am)

Thursday, October 27<sup>th</sup> – Canadian Open Contest (COMC) in the Library

Friday, October 28<sup>th</sup> – Fear Factor (Lunch)

Friday, October 28<sup>th</sup> – University of Toronto Admission Presentation at 9:00 am (MPR)




Monday, October 31<sup>st</sup>, Last Day to Purchase Yearbook at early bird price

Monday, October 31<sup>st</sup>, Graduation Assessment

Monday, October 31<sup>st</sup>, Halloween Costume Contest at lunch

Monday, October 31<sup>st</sup>, Last Day to Purchase Yearbook at early bird price

*“Education is the passport to the future, for tomorrow belongs to those who prepare for it today.” Malcolm X*

	Website: <a href="https://south.burnabyschools.ca/">https://south.burnabyschools.ca/</a>		Contact:		Email:
			604-296-6880		<a href="mailto:South.info@burnabyschools.ca">South.info@burnabyschools.ca</a>